



DOAGH PRIMARY SCHOOL

Lactose Free Menu £2.60 Daily

7th October – 10th February 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK Commencing 7 October 4 November 2 December 30 December 27 January	Oven-Baked Fish Fingers Baked Beans / Marrowfat Peas Oven-baked Wedges	Homemade BBQ Chicken Pizza (Lactose Free Cheese) Coleslaw / Baton Carrots Chipped Potato / Baked Potato	“Lunch Bunch” Chicken Curry & Naan Bread Sweetcorn / Roast Courgette Boiled Rice / Mash Potato	Roast Pork, Stuffing & (Gluten Free Gravy) Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato	Beef Burger & Bap Mini Corn-on-the-cob /Garden Peas Chipped Potato / Baked Potato
	Lactose Free Ice-cream with Pears	Homemade Banana Cake	Chocolate & Raspberry Sponge cake	Home-baked Popcorn Cookie & Orange Wedges	Frozen Strawberry Mousse
WEEK Commencing 14 October 11 November 9 December 6 January 3 February	Fish Finger “Seadog” served in a finger roll Marrowfat Peas / Baked Beans Chipped Potato / Baby Potato	Savoury Beef Mince, Gluten Free Gravy & Crusty Bread Sweetcorn / Baton Carrots Oven-baked Cubed Potato / Mashed Potato	Chicken & Gluten Free Gravy Mini corn-on-the-cob / Garden Peas Mashed Potato / Boiled Rice	Roast Gammon, Stuffing & Gluten Free Gravy Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato	Crispy Baked Chicken Burger & Bap Spaghetti Hoops / Asian Slaw Chipped or Baked Potato
	Apple & Pear Crumble with Lactose Free Ice-cream	Muffin & Winter Berry Sauce	Home-baked Jam & Coconut Sponge & Juice	Shortbread	Raspberry Jelly & Peach Slices
WEEK Commencing 21 October 18 November 16 December 13 January 10 February	(Lactose Free Cheese) Ham & Cheese Pizza Spaghetti Hoops / Mini Corn-on-the-Cob Roast Potato Wedges/ Mashed Potatoes	Beef Bolognese Cauliflower / Steamed Broccoli Mashed Potato/ Pasta	“Lunch Bunch” Chicken Curry & Naan Bread Garden Peas / Roast Butternut Squash Chipped Potato / Boiled Rice	Roast Beef & Gluten Free Gravy Fresh Seasonal Vegetables Mashed / Oven Roast Potato	Hotdog & Tomato Ketchup Baked Beans Chipped Potato / Pasta Salad
	Lactose Free ice-Cream with Pear Slices	Apple Sponge with Juice Carton	Frozen Smoothie	Chocolate Cracknel & Custard	Fresh Fruit Pot
WEEK Commencing 28 October 25 November 23 December 20 January	Oven Baked Fish Goujons Steamed Garden Peas / Spaghetti Hoops Chipped / Baked Potato	(Gluten Free Gravy) Cottage Pie Baton Carrots / Steamed Broccoli Garlic & Herb Potato Wedges	“Lunch Bunch” Chicken Curry & Naan Bread Sweetcorn / Roast Butternut Squash Boiled Rice / Mashed Potato	Turkey & Ham, Stuffing & (Gluten Free Gravy) Fresh Seasonal Vegetables Mashed Potato / Oven Roast Potato	Oven Baked Chicken Nuggets Baked Beans / Garden Peas Chipped / Baked Potato
	Chocolate & Raspberry Brownie	Lactose Free Ice-cream, Jelly & Two Fruit	Chocolate & Pear Sponge with Juice Carton	Homemade Flapjack & Orange Wedges	Choice of Fruit Alpro Pot

WATER, BREAD & FRESH FRUIT AVAILABLE DAILY

MENU SUBJECT TO PRODUCT AVAILABILITY